THAT WHICH IS CLAIMED:

- 1. A pharmaceutical composition for the treatment and/or prophylaxis of disease associated with fibrosis in a vertebrate, said composition comprising at least one activin antagonist, and optionally a pharmaceutically acceptable carrier, adjuvant and/or diluent.
- 2. The pharmaceutical composition of claim 1, wherein the activin antagonist is follistatin, or a fragment(s) or analogue thereof.

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- 3. The pharmaceutical composition of claim 2, wherein the follistatin is a single chain protein comprising between 288 and 315 amino acids with a molecular weight of between about 30,000 and 60,000 Daltons as estimated by SDS-PAGE in the absence of reducing agents, derived from follicular fluid and able to inhibit the secretion of follicle-stimulating hormone (FSH).
- 4. The pharmaceutical composition of claim 2, wherein the follistatin is a single chain protein classified as NCBI (National Center for Biotechnology Information) protein XP_003891, AAH04107.

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- 5. The pharmaceutical composition of claim 2, wherein the follistatin or a fragment(s) or analogue present in the pharmaceutical composition exists in a form selected from the group consisting of: follistatin/chelate, follistatin/drug, follistatin/toxin and follistatin/detector group and follistatin/imaging marker.
- 6. The pharmaceutical composition of claim 1, wherein the activin antagonist is follistatin-related protein or a fragment(s) or analogue thereof.
- 7. The pharmaceutical composition of claim 6, wherein the follistatin-related protein has a sequence as defined in Genbank accession number NP_005851.

- 8. The pharmaceutical composition of claim 1, wherein the activin antagonist is an antibody raised against activin.
- 9. The pharmaceutical composition of claim 8, wherein the activin to which the antibody is raised is activin A, activin AB or activin B.
 - 10. The pharmaceutical composition of claim 8, wherein the activin to which the antibody is raised is a heterodimer or homodimer of mature inhibin βA or βB subunit chains free of inhibin α chain.

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- 11. The pharmaceutical composition of claim 10, wherein the two subunits comprise between 110 and 120 amino acids with molecular weights of about 12,000 13,000 Daltons as estimated by SDS-PAGE in the absence of reducing agents.
- 12. The pharmaceutical composition of claim 10, wherein the activin contains βA subunit with sequence as defined in GenBank accession number M13436 and/or βB subunit with sequence defined in GenBank accession number M13437.
- 13. The pharmaceutical composition of claim 1, wherein the activin antagonist is a compound which interferes with activin binding to its respective receptor.
 - 14. The pharmaceutical composition of claim 13, wherein said compound is an antibody raised against the activin receptor.

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- 15. The pharmaceutical composition of claim 14, wherein the activin receptor to which the antibody is raised is ActRIIA or ActRIIB or ActRIA or ActRIB or ALK2 or ALK4.
- 16. The pharmaceutical composition of claim 13, wherein the compound is an antibody raised against receptor for a protein selected from the group consisting of: activin A, activin AB and activin B.

- 17. The pharmaceutical composition of claim 13, wherein said compound is a Smad signalling molecule selected from Smad6 and Smad7 or fragment(s) or analogue(s) thereof.
- 18. The pharmaceutical composition of claim 13, wherein said compound is a molecule that specifically inhibits $TGF\beta$ /activin type I receptors.
- 19. The pharmaceutical composition of claim 18, wherein said compound is selected from triarylimidazole analogues.
 - 20. The pharmaceutical composition of claim 19, wherein said compound is SB-431542.
 - 21. The pharmaceutical composition of claim 1, wherein the disease associated with fibrosis is one of: a hyperproliferative or inflammatory fibrotic disease; a pulmonary fibrosis; an inflammatory bowel disease, or a related condition such as ulcerative colitis or Crohn's Disease; or liver fibrosis or cirrhosis.
 - 22. The pharmaceutical composition of claim 1, wherein the disease associated with fibrosis is liver fibrosis or cirrhosis.
 - 23. A process for preparing the pharmaceutical composition of claim 1, wherein said process comprises homogeneously mixing at least one activin antagonist with a pharmaceutically acceptable carrier, adjuvant and/or diluent.
 - 24. A method for the treatment of disease associated with fibrosis in a vertebrate in need of said treatment, wherein said method comprises administering to said vertebrate, a therapeutically effective amount of at least one activin antagonist.
 - 25. A method for the treatment of disease associated with fibrosis in a vertebrate in need of said treatment, wherein said method comprises administering to

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said vertebrate, a therapeutically effective amount of the pharmaceutical composition of claim 1.

- 26. The method of claim 24, wherein the vertebrate is selected from the group consisting of human, non-human primate, mice, cattle, sheep, goats, horses, rabbits, birds, cats and dogs.
 - 27. The method of claim 26, wherein the vertebrate is human.
- 10 28. The method of claim 24, wherein the disease associated with fibrosis is one of: a hyperproliferative or inflammatory fibrotic disease; a pulmonary fibrosis; an inflammatory bowel disease, or a related condition such as ulcerative colitis or Crohn's Disease; or liver fibrosis or cirrhosis.
 - 29. The method of claim 24, wherein the disease associated with fibrosis is liver fibrosis or cirrhosis.
 - 30. A method for screening for a disease associated with fibrosis in a vertebrate comprising:
 - (a) contacting a sample from the vertebrate with an antibody (or fragment thereof) raised against an activin polypeptide (or fragment or analogue thereof);
 - (b) detecting the presence of the antibody (or fragment thereof) bound to the activin polypeptide; and
 - (c) comparing the amount of bound antibody to the amount bound in a reference sample, and diagnosing a disease associated with fibrosis in said vertebrate, wherein a change in the amount of bound antibody in the sample compared to the reference sample is indicative of disease.
 - 31. A method for screening for a disease associated with fibrosis in a vertebrate comprising:
 - (a) contacting a sample from the vertebrate with an antibody (or fragment thereof) raised against a follistatin polypeptide (or fragment or analogue thereof);

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- (b) detecting the presence of the antibody (or fragment thereof) bound to the follistatin polypeptide; and
- (c) comparing the amount of bound antibody to the amount bound in a reference sample, and diagnosing a disease associated with fibrosis in said vertebrate, wherein a change in the amount of bound antibody in the sample compared to the reference sample is indicative of disease.
- 32. A method for screening for a disease associated with fibrosis in a vertebrate comprising:
- (a) contacting a first aliquot of a sample from the vertebrate with an antibody (or fragment thereof) raised against an activin polypeptide (or fragment or analogue thereof):
- (b) detecting the presence of the antibody (or fragment thereof) bound to the activin polypeptide; and
- (c) contacting a second aliquot of a sample from the vertebrate with an antibody (or fragment thereof) raised against a follistatin polypeptide (or fragment or analogue thereof);
- (d) detecting the presence of the antibody (or fragment thereof) bound to the follistatin polypeptide; and
- (e) comparing the amount of activin-bound antibody to the amount of follistatin-bound antibody, and comparing the relative difference to that found in a reference sample, and diagnosing a disease associated with fibrosis in said vertebrate, wherein a change in the relative ratio of activin- and follistatin-bound antibody in the sample compared to the reference sample is indicative of disease.
- 33. The method of any one of claims 30 to 32, wherein the reference sample is obtained from a vertebrate not suffering from a disease associated with fibrosis.
- 34. The method of any one of claims 30 to 32, wherein the sample within which the method of screening is performed is a plasma or tissue sample, and involves standard histological and immunohistochemical techniques.

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- 35. The method of any one of claims 30 to 32, wherein the disease associated with fibrosis is one of: a hyperproliferative or inflammatory fibrotic diseases; a pulmonary fibrosis; an inflammatory bowel disease, or a related condition such as ulcerative colitis or Crohn's Disease; or liver fibrosis or cirrhosis.
- 36. The method of any one of claims 30 to 32, wherein the disease associated with fibrosis is liver fibrosis or cirrhosis.
- 37. A diagnostic kit for the detection of a disease associated with fibrosis in a vertebrate, said kit comprising at least an antibody (or fragment thereof) raised against activin (or fragment thereof), together with a diagnostically acceptable carrier and/or diluent.
- 38. A diagnostic kit for the detection of disease associated with fibrosis in a vertebrate, said kit comprising at least an antibody (or fragment thereof) raised against follistatin (or fragment thereof), together with a diagnostically acceptable carrier and/or diluent.
 - 39. The kit of claim 37 or 38, which comprises the following containers:
 - (a) a first container containing at least the antibody (or fragment thereof), and;
 - (b) a second container containing a conjugate comprising a binding partner of the antibody (or fragment thereof), together with a detectable label.
 - 40. A diagnostic kit for the detection of disease associated with fibrosis in a vertebrate, said kit comprising at least: an antibody (or fragment thereof) raised against follistatin (or fragment thereof), together with a diagnostically acceptable carrier and/or diluent; and an antibody (or fragment thereof) raised against activin (or fragment thereof), together with a diagnostically acceptable carrier and/or diluent.
 - 41. The kit of claim 40 which comprises the following containers:

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- (a) a first container containing at least an activin antibody (or fragment thereof), and;
- (b) a second container containing at least a follistatin antibody (or fragment thereof);
- (c) a third container containing a conjugate comprising a binding partner of the activin antibody (or fragment thereof), together with a detectable label, and
- (d) a fourth container containing a conjugate comprising a binding partner of the follistatin antibody (or fragment thereof), together with a detectable label.
- 42. A method of gene therapy for the treatment of disease associated with fibrosis in a vertebrate, wherein said method comprises:
- (a) inserting a nucleic acid molecule encoding for an activin antagonist, or fragment(s) or analogue thereof, or a vector comprising a nucleic acid molecule encoding for an activin antagonist or a fragment(s) or analogue thereof, into a host cell;
 - (b) expressing the nucleic acid molecule in the transformed cell.
- 43. The method of claim 42, wherein the activin antagonist is follistatin or fragment(s) or analogue thereof.
- 44. A method of gene therapy for the treatment of disease associated with fibrosis in a vertebrate, wherein said method comprises:
- (a) inserting a nucleic acid molecule which is antisense for a fragment of a nucleic acid molecule encoding for activin, an activin receptor, or other activin-associated transduction pathway molecule, or fragment(s) or analogue thereof, or a vector comprising a nucleic acid molecule antisense for a nucleic acid molecule encoding for activin or a fragment(s) or analogue thereof, into a host cell.
- (b) expressing the nucleic acid molecule in the transformed cell; and wherein the expressed antisense nucleic acid molecule binds to the complementary nucleic acid molecules encoding activin, activin receptor or other activin-associated transduction pathway molecule thereby inhibiting the transcription or expression thereof.

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45. The method of claim 44, wherein the antisense nucleic acid molecule is selected from the following:

a nucleic acid molecule that is antisense for at least a portion of the nucleic acid sequence encoding activin A, activin AB or activin AB;

a nucleic acid molecule that is antisense for at least a portion of the nucleic acid sequence encoding an activin receptor selected from ActRIIA or ActRIIB or ActRIA or ActRIB or ALK2 or ALK4;

a nucleic acid molecule that is antisense for at least a portion of the nucleic acid sequence encoding smad 2 or smad 3.

46. A method of gene therapy for the treatment of disease associated with fibrosis in a vertebrate, wherein said method comprises:

inserting a nucleic acid molecule which is mutated form of a nucleic acid molecule encoding for activin, or fragment(s) or analogue thereof, or a vector comprising a nucleic acid molecule which is a mutated form of the nucleic acid molecule encoding for activin or a fragment(s) or analogue thereof, into a host cell;

wherein the mutated activin-encoding nucleic acid molecule integrates into the host cell's native activin-encoding sequence by homologous recombination, thereby resulting in either no or incorrect transcription of the activin sequence, or expression of a mutated activin which does not bind to native activin receptors or interferes with normal activin-signalling.

- 47 The method of claim 46, wherein the activin-encoding sequence is a polynucleotide as defined in GenBank entry, accession number M13436 and/or M13437.
 - 48. A method of gene therapy for the treatment of disease associated with fibrosis in a vertebrate, wherein said method comprises:

inserting a nucleic acid molecule which is a mutated form of a nucleic acid molecule encoding for an activin receptor, or fragment(s) or analogue thereof, or a vector comprising a nucleic acid molecule which is a mutated form of the nucleic acid

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molecule encoding for an activin receptor or a fragment(s) or analogue thereof, into a host cell;

wherein the mutated form of the nucleic acid molecule encoding for an activin receptor or a fragment(s) or analogue thereof integrates into the host cell's native activin receptor-encoding sequence by homologous recombination, thereby resulting in either no or incorrect transcription of the activin receptor sequence, or expression of a mutated activin receptor which does not bind the native activin or interferes with activin-signalling.

10 49. The method of claim 48, wherein the activin receptor-encoding sequence is a polynucleotide encoding one of the following receptors: ActRIIA or ActRIB or ActRIA or ActRIB or ALK2 or ALK4.